

2022-03–16 Board meeting minutes

Present: Christine Halsberghe, Sylvia Masson, Stefania Uccheddu, Manuel Mangoli, Kevin McPeake and Goncalo Da Graca Pereira.

Working groups

Sylvia is one of the three remaining members on **CBD** working group lead by Stéphane. Still in progress.

No news from the other working groups at the moment.

In order to continue having working groups it should include a Board member.

RDM Grant

Reviews in progress

Future ESCVE physical meetings

In the past there was 1 physical meeting and a short one before the AGM. **Goncalo** proposed and the Board agreed to find an hour in Palma to have a proper Board meeting and see if an additional one would be needed before the end of the year. In future, finances permitting, there could be 3 physical ones. One in January, then in May and finally in September. To be looked at later.

Sylvia will make a Doodle for May and June

PALMA Congress 2022

Main topic for the congress 2022: Non-suffering is welfare? From five freedoms to five domains, moving on positive emotions.

No feedback had been received about the program so it has been announced yet. The deadline for abstracts had been changed.

The budget of the congress was then discussed along with the organisation and some points which need to be addressed. All stakeholders risk a loss in income if the budget is not balanced.

Christine will put **Manuel** in touch with Nancy De Bryine, the FVE treasurer, so they can discuss the above and contact the organising committee.

Manuel to ask Nancy for assistance in registering the board as a group and **Christine** ask about hotels available.

Further to the financial discrepancies mentioned above Christine will ask Tomas Camps, to inform the local committee that there is no mention of the international committee and ESCVE anywhere and no stakeholders logos as had been agreed some years ago.

In order to avoid such lack of communication in future, a live meeting could be held with the local committee about next year's AGM.

FECAVA

Goncalo proposed having the ESVCE workshop related to animal friendly practises at the FECAVA congress. It could be an annual event for general practitioners. The same model could be used annually with some changes. It could attract more international interest for ESVCE.

A couple of members of the board could attend the congress annually as speakers, with FECAVA covering the costs, and this would make it easier for the remaining board members to join and have a

f-f meeting there. This year **Goncalo** would attend the FECAVA congress as a speaker and **Christine** was offered the registration. They will propose the above suggestion to FECAVA after they discuss the details among themselves.

Ulrike had asked ESVCE to share info about the FECAVA webinar so **Christine** will inform her that ESVCE is promoting it and not having one of our own.

Webinars

Stefania had agreed with Susan about holding the webinar on the 12th of May.

Myriam prefers 18th October. She has much data on communication and dealing with clients. She will not prerecord.

Next year theme for webinars : 'Different approaches to medications', which will be promoted in Palma. (**New drugs, side effects, CBD....**)

Budget 2022 2023 2024

Currently there is approximately 8.500€ in the **bank** account and still waiting for some membership fees. There is also a 25.000€ buffer in the bank(saving account). Stripe is working well, although a small commission is charged when payments are made which is covered by ESVCE.

Site internet

Most past congress data is up to date and **Kevin** is still working on it. **Kevin** and **Miguel** will make any required changes. **Stefania** to remind **Miguel** to remove any webinars after a year.

Administrative work

Christine will work with **Areti** on updating the bylaws and constitution of the association in May.

Sylvia will reorganize the dropbox with all the old stuff imported by Kevin from Barbara's dropbox.

RDM Grant

The *best submission* will be chosen and offered 2000€ and conference expenses. The winner will be asked if they are willing to present a webinar when available.

AOB

Kevin is due for re-election but is willing to stay for another 4-year term. He must be voted in and there should also be a call for other candidates. An invitation will be sent in July-August.

Assessment of our work

At **Christine's** suggestion the board discussed their working together for a year. There was an overall positive feeling about the friendly atmosphere and the small positive differences seen in the last year. Some members felt uncertainty about doing enough but the team should not underestimate their work and contributions to ESCVE and there is always room for improvement. Currently the members of the organisation are receiving a workshop, webinars, a grant and an annual meeting, all of which take time and effort to organise. Another thing that could be done is to post on FB when a paper comes out. The board shouldn't stress over their efforts and should keep in mind they are volunteers offering their free time for this cause. They should also remember that if they don't have time to do an assigned task to ask for someone else to help.